

Family Mediation Promises Significantly Better Outcome than Divorce, says Fla Supreme Court Certified Mediator Dr. Wanda Bonet-Gascot

Kissimmee, Fla. (March xx, 2015) --- The frequency of divorce in the U.S. is slowing. At least one prominent social scientist forecasts that if current trends continue, the U.S. divorce rate could slip into the 30 percent range during this generation.

One reason is the growing popularity of Family Mediation, a new approach to family troubles that aims at logical, fair, voluntary and mutually amicable solutions over pitched court battles with high-dollar lawyers.

Dr. Wanda Bonet-Gascot, (“DrW”), family mediator, certified coach and director of the DrW® Life Skills Institute in Kissimmee, said Family Mediation aims at solutions, not retribution.

“Mediation is a process in which a neutral third party – a mediator – assists disputing parties to bridge their differences and find mutually acceptable solution,” DrW said.

Judges in Family Courts often refer couples to mediation as an alternative to divorce court. But there’s a big difference between court-ordered mediation and private family mediation, DrW explained.

“Family mediation is a very emotional affair that takes a heavy toll on all parties. Private mediation is the better alternative. When faced with a dispute, all members of a family can greatly benefit from a process that focuses on supporting all parties to resolve their dispute in a collaborative, creative, efficient way where everyone wins,” she said.

DrW, who is certified as a Family Mediator by the Florida Supreme Court, said the skills of the mediator can make all the difference.

“The mediation process involves communication, and an impartial third party can be very helpful,” DrW said.

“A mediator with emotional intelligence skills such as self-awareness, self-management, self-control, assertiveness and empathy knows how to maximize those skills during mediation,” she said. “Those skills are vital in the family mediation process and results.”

Private family mediation at the DrW Life Skills Institute can achieve results in as few as one or two sessions, DrW said, but most families require more time.

“Each family is unique with its own set of challenges,” DrW said. “At the DrW Institute, we help families overcome those challenges so that all members can lead healthy, productive and enriching lives,” she said.

DrW Life Skills Institute is a client member of the University of Central Florida Business Incubation Program's Kissimmee incubator.

For more information on DRW Coaching School, please visit: www.drwinstitute.org

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About The DRW Life Skills Institute

DrW Life Skills Institute is a global Emotional Intelligence Education provider and Coaching School established in Central Florida in 2013. DrW is a proud client of the UCF Business Incubation Program since 2013. DrW is located at 111 E. Monument Ave., Suite 401-16, Kissimmee FL 34741. www.drwinstitute.org

About the UCF Business Incubation Program

The University of Central Florida Business Incubation Program is a community resource that provides early-stage companies with the tools, training and infrastructure to become financially stable, high growth / impact enterprises. Since 1999, this award-winning program has helped hundreds of local startup companies reach their potential faster by providing vital business development resources.

With seven facilities throughout the region, the UCF Business Incubation Program is an economic development partnership between the University of Central Florida, the Corridor, Orange, Osceola, Seminole and Volusia Counties, and the cities of Apopka, Kissimmee, Orlando and Winter Springs. Participating companies sustain more than 3,600 local jobs and have had a total impact of \$1.518 on regional sales and \$2.488 on regional economic output. During the last fiscal year, the program has returned \$7.95 for every \$1.00 invested in the program.

For more information, visit www.incubator.ucf.edu.